



**Erasmus+ Programme –Cooperation  
partnerships in higher education  
Project No:  
2021-1-RO01-KA220-HED-000032023**

## **Agenda**

### **Multiplier event, *Digital well-being in higher education* 26 April 2024**

<b>Friday, 26.04.2024, 09.30-12.00</b>	
<b>MULTIPLIER EVENT</b>	
<b>Location: National College of Informatics G. Moisil, Brasov acting as host for County Resource and Educational Assistance Centre Brasov</b>	
09.30-10.00	Welcome and registration
10.00-11.00	Presentation of the Workbook “How to achieve digital wellbeing in universities – Tackling teachers' technostress through mentoring” as a result of the Erasmus+ project Digital Well-being in Higher Education (2021-1-RO01-KA220-HED-000032023).
11.15-12.00	Obtaining feedback for the workbook Q&A session on the project and its results