



Erasmus+ Programme –Cooperation  
partnerships in higher education  
Project No:  
2021-1-RO01-KA220-HED-000032023

## Agenda

**Final conference & 5<sup>th</sup> Transnational project meeting, *Digital well-being in higher education*  
22-24 April 2024**

### Agenda

<b>Monday, 22.04.2024, 13.00-17.00</b> <b>FINAL CONFERENCE</b> <b>Location: Studio 181, Rectorat Building ( Eroilor 29, Brasov)</b>	
13.00-13.30	Welcome and introductions, registration
13.30-14.00	General presentation of the project, main topics
14.00 - 14.30	Comparative results on technostress and well-being (Result 1) (UNITBV)
14.45-15.15	Coffee break
15.15-16.00	How to achieve digital well-being in universities -
16.00-16.30	Digital competence and mentoring - (Result 2 & 3) (DIAK & VID) Fostering digital well-being (Result 4) (THWS)
16.30 - 17.00	Obtaining feedback from the attendants about the project results and further dissemination
17.00-18.00	Early dinner