



**Erasmus+ Programme –Cooperation partnerships  
in higher education  
Project No:  
2021-1-RO01-KA220-HED-000032023**

## **Agenda**

### **2<sup>nd</sup> Transnational project meeting, *Digital well-being in higher education* 25-26 October 2022, Helsinki Finland**

#### **Participants:**

UNITBV, Romania	Ana-Maria Cazan
	Laura Teodora David
DIAK, Finland	Niko Nummela
	Olli Vesterinen
VID, Norway	Arne Morten Rosnes
	Mari Digernes
	Eirin Gudevold
FHWS, Germany	Stefanie Witter (online)

#### **Agenda**

**Tuesday, 25.10, 9:00-15:30**

**Location: Diak campus**

1. Presentation of the questionnaire (UNITBV)
  - a. Preliminary results
  - b. Plan of the statistical analysis: results/country, country differences, implications for the next results: R2 & R3
  - c. Structure of the research report
  - d. Dissemination of the results.
2. Methodology of the Workbook Digital well-being – manual for facilitators/ mentors (R2) (DIAK):
  - a. Workbook draft

- b. R2 schedule for content creation
3. Planning for the Booklet Digital well-being (R3) (VID)
4. Quality management plan

**Wednesday, 26.10, 9:00-14:30**

**Location: [Oodi](#).**

1. 9.00-11.45: Virtual Center for Academic well-being - training of mentors
  - a. Strategy for the selection of the trainers, mentors and participants for the Transnational training activity: profile of teachers enrolling in the mentoring program, the profile of the trainers,
  - b. Agenda of the event and activities.
2. 12.00-14.00: Initial preparation of the E-Learning course Digital well-being: The Virtual Centre for Digital Well-Being (R4) (FHWS)
3. Dissemination: DigiWell website & Logo
4. 14.00-14.30 Planning the next meetings
5. Feedback: <https://forms.gle/TwKfUubvvtQ41Khh6>





